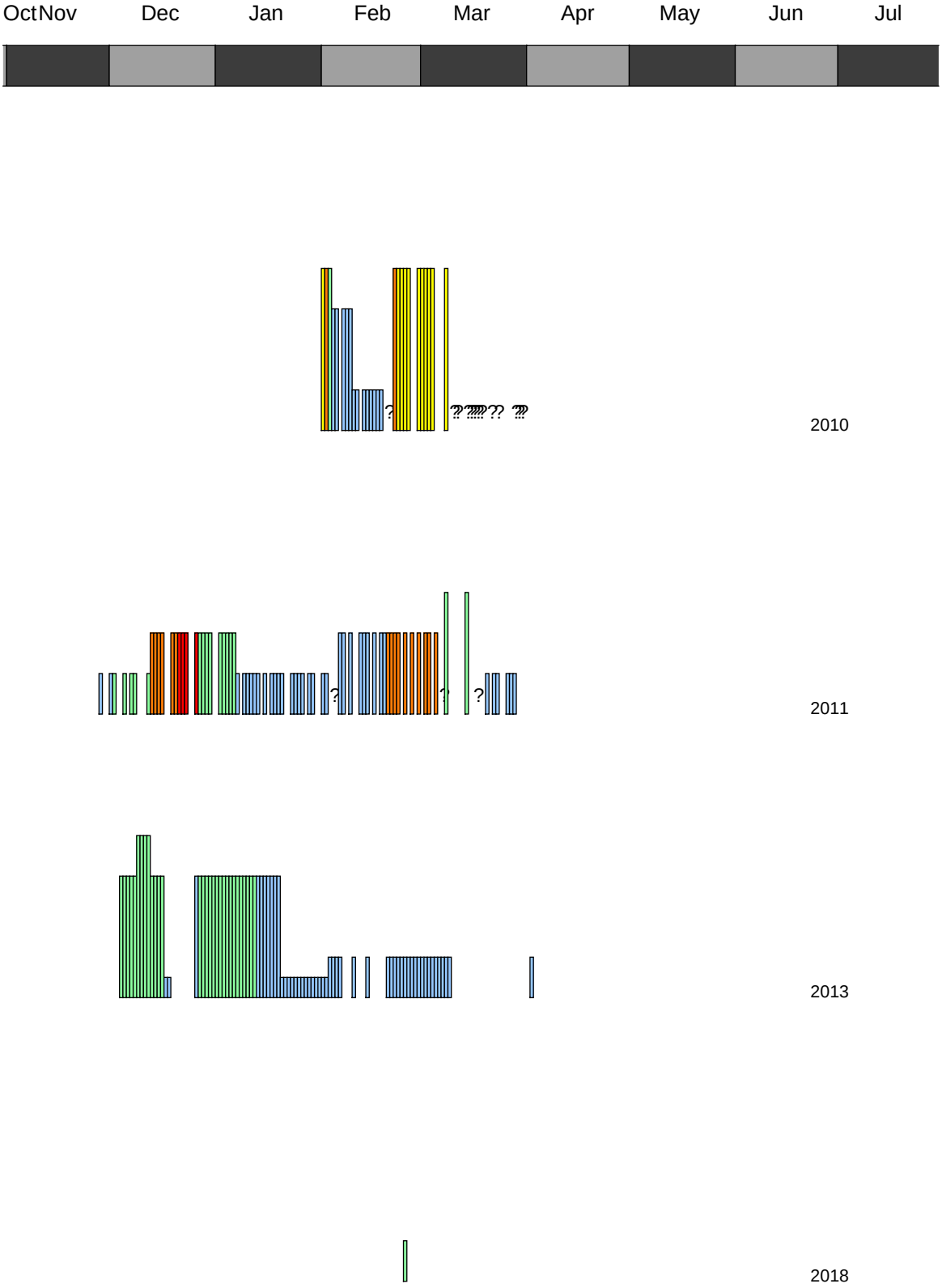Østerelva (Fredrikstad)